



ELREC Newsletter

Edinburgh & Lothians Regional Equality Council

Promoting Equality • Fighting Discrimination • Fostering Good Relations

ISSUE 55: June 2018

Honorary Patron

Lord Provost of Edinburgh
Rt Hon Frank Ross

Honorary President

Prof Sir Geoff Palmer DSc OBE

Management Board

Chair

Mr Foysoyl Choudhury MBE

Vice Chair and Convenor of Personnel Subcommittee

Mr Shami Khan DL

Treasurer

Cllr Carl John

Company Secretary

Mr. Rajnish Singh

Convenor Membership Subcommittee

Convenor Finance and General Purposes Subcommittee

Mrs Irina Lazarenko

Convenor Education Subcommittee

Mr Mohamed Amjad Chaudhry

Convenor Volunteering Subcommittee

Mrs Azra Sharif-Qayyum

Board Members

Mr Ijaz Nazir

Ms Magdalena Sajnaga

Staff

Project Lead Officer/Fundraiser

Rachel Vette

Administrator

Didem Kaner Ural

Finance Officer

Adrian Barbascumpa

Equalities Engagement Project

Mizan Rahman

Support and Advice Service

Martin Krumins

True Colours Project

Una Dosen

Bright Choices Project

Mitra Rostami

Routes to Roots Project

Neil Ogilvy

Communities for Conservation Project

Jean Matthieu Gaunand

Link Officers — David Tai, Ewelina

Lukaszek, Dina Ahmed, Fahmida

Huczewska, Irene Alvarado

From the Chair

Hello and welcome to the June newsletter.

The first half of 2018 has seen excellent progress for ELREC and the addition of multiple new staff members to our team.

Open Arms, a collaborative project with Saheliya, Sikh Sanjog and LINKnet Monitoring, started earlier this year and is progressing well. We have partnered with Projekt 42 to deliver health and exercise classes to minority ethnic women and will be starting classes later this month.

Harmony Together group counselling for BME women will also be beginning on June 12th in partnership with Open Arms and will run for 4 weeks. More information can be found on the ELREC Open Arms Facebook page, @elrecopenarmshealth.

Young People Against Hate, a project which started in April of this year, is off to an excellent start. Our peer educator classes have begun and are drawing young people from across Edinburgh to participate. This project has added two new positions to our team and we are very excited to watch them carry this work forward over the next 18 months.

Our heritage project, Routes to Roots is coming to a close at the end of June and we will be holding an event to celebrate the launch of the book it has produced on the 30th of May from 6 – 7:30pm at the Central Library. An exhibition will be running at the library from the 1st of June for a month and we look forward to sharing the excellent work we have done through this project with the community!

Communities for Conservation has started a sewing service with one of their volunteers to repair and tailor clothes. This service is inexpensive and an excellent way to re-use garments rather than throwing them away, thereby helping to close the fashion loop. I would highly recommend this service to all our newsletter readers and encourage you to drop by with your repairs.

Thank you as always to our excellent staff, volunteers, members and board for a fantastic start to the year and I look forward to many more successes in the months to come.

Foysoyl Choudhury MBE

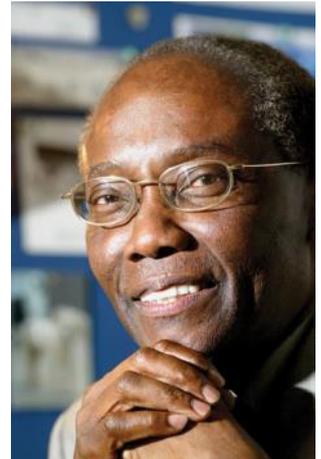
Chair



From the Honorary President— Prof. Sir Geoff Palmer

The use of power to deny rights is wrong: Gibson-Craig of Riccarton, Edinburgh, and the abolition of slavery (1838).

Since the last Newsletter: I contributed to Dani Garavelli's article in the Scotsman (1/4/2018) regarding the 50th anniversary of the murder of Martin Luther King, where I said, 'You knew change and justice were still a long way off'. I was also pleased to contribute to Tom Peterkin's article in *Scotland on Sunday* on the 'Windrush Scandal' (22/4/2018). My late mother and I were part of the Jamaican-British Windrush migration. She arrived in London in 1948 and I arrived in 1955. I also contributed to an article by Brian Ferguson in *Scotland on Sunday* (12/5/2018) regarding a 180 year old letter, written by a 'Scot's abolitionist', which I found in the Archive of the Heriot Watt University in 2005. The letter is on display in the Archive Museum of the Heriot-Watt University.



Regarding this historically important letter, I had the great privilege of giving a lecture about it to a large audience at the Heriot-Watt University on 19/5/2018. This lecture was part of the University's 'Exploration Weekend'. The Provost of Midlothian (Councillor Peter Smaill), the Professor of History of Glasgow University (Simon Newman), the Principal and Vice-Chancellor of the Heriot-Watt University (Richard Williams) and other important guests were present. The High Commissioner of Jamaica (His Excellency, Seth George Ramocan) sent his apologies. The lecture related to the following: When we use the word 'slavery' we wish to convey the ultimate horror of human subjugation. Sadly, there have been and still remain many different kinds of slavery but the slavery that we are citing when we use the word 'slavery' is invariably *Chattel Slavery* to which Black



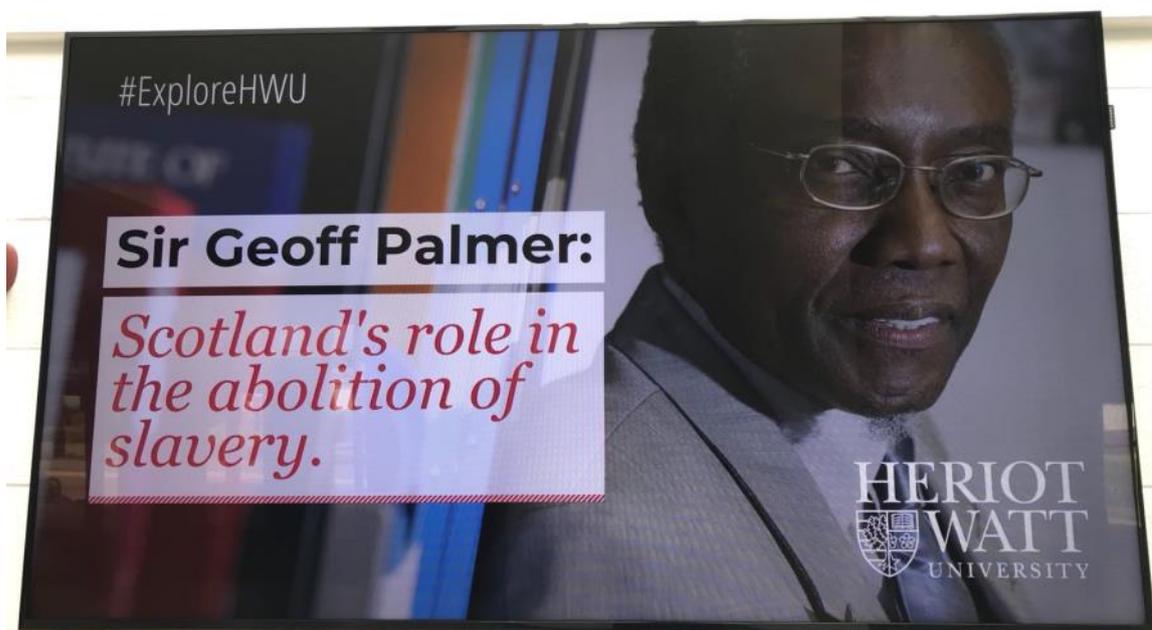
African people were subjected to for over 300 years in the New World by European countries such as Spain, Britain, France, Portugal and Holland. Regrettably, many features of racism today (eg., the N-word and Windrush) are linked to this slavery. Many of the prejudices of today are based on the cruelties of the past and it is clear that the law should not be used to support prejudices and deny rights. It was a British chattel slavery law which designated Black slaves as property and enabled slave-owners to receive over £20 Billion in today's money as compensation for 'losing their slave-property' towards the end of slavery in 1833-1834. John Gladstone from Leith (whose son was William Gladstone the four times Prime Minister) received about £83 in today's money for his 2508 slaves in British Guiana (Guyana) and Jamaica. The slaves did not receive one penny. John Gladstone became a rich MP and an hereditary Knight from the free labour of his slaves. Although he used his slavery money to move from Leith to a grand Estate in Fasque, I noted recently that his father, Thomas Gladstone a grain trader, was buried in Leith close to a Royal

Navy sailor, Joseph Stoney (1792-1828), who was born in Jamaica (1972).

Because *Chattel Slavery* was 'legal' and was British law, it had to be abolished legally. We know the names of abolitionists such as Ramsay, Wilberforce, Equiano, Wedderburn (Robert), Brougham and Buxton. However, some people who have contributed to the abolition process have remained unknown.

One of these unknown abolitionist is *William Gibson-Craig MP*. His father owned the Riccarton Estate in 1838 when slavery was abolished. This Estate is now the Campus of the Heriot-Watt University. Unknown details of the actions of Gibson-Craig in the abolition process came to light in 2005 when I found his letter in the Archive of the Heriot-Watt University. It was written on the 23rd May, 1838...180 years ago. Gibson-Craig wrote it to his father. At that time, Gibson-Craig was the MP for Midlothian which included his home area, the Riccarton Estate. The letter describes a vote in the House of Commons on the 22nd of May 1838 for the total abolition of slavery (ie., The apprenticeship scheme). He stated in his letter that for such an important decision where the freedom of 800,000 British slaves in the Caribbean (350,000 in Jamaica) was being debated, most of the MPs absented themselves including most of Scotland's MPs. The history of this vote tells us that, in spite of numerous petitions, only 189 MPs of about 650 MPs voted and the majority was only 3 (96 to 93) for the *total abolition of slavery*. Like other votes on abolition, self-interest determined the result of this vote. However, in marked contrast, Gibson-Craig stated with principled conviction to his father that *he voted for the total abolition of slavery "and would do so again"*. Being a past student and staff of the Heriot-Watt University, I stated in my lecture that I was confident that Gibson-Craig's values of Equality and Fairness will remain a vital part of the values of the Heriot-Watt University whose students and staff walk daily on ground previously trodden by William Gibson-Craig.

Finally, it took centuries to abolish this dreadful slavery. However, in 1792, Henry Dundas' political power dictated, for reasons of self-interest, that this slavery should be abolished "*gradually*". Despite the calculated evil of this dictate, it continues to remind humanity that *the use of power to deny rights is wrong*.



From the Vice Chair

Dear All,

Welcome to our June newsletter.

There have only been a few changes to the staff since our last publication.

First, unfortunately we have had to say goodbye to both Martin Krumins and Una Dosen: our Support & Advice Caseworker and TRUE Colours Project Coordinator, respectively. Both have been with ELREC for a long time and we are sorry to see them go. I would like give them my sincere thanks for their time with us and their dedication to ELREC—we wish them both the very best in their future endeavours!

Second, our Young People Against Hate (YPAH) project started up again on the 1st of April and we have hired two new employees to spearhead the work. Jackie Massie has been hired as the Youth Development Officer and Anna Baran has joined us as the project's Youth Engagement Officer. We have already seen excellent work from them and look forward to watching the project grow over the next 18 months under their leadership!

Finally, thank you as always, to our incredible staff and volunteers—you make ELREC great.

Shami Khan

Vice Chair and Convenor of the Personnel Subcommittee



ELREC's Support and Advice Service

If you've been discriminated against; need assistance or are looking for housing and benefits advice, we're here to help. We offer free and impartial advice for individuals who have suffered discrimination, need to report hate crimes or need assistance in working with public bodies. If we're unable to help, we'll help you take your case to an appropriate organisation who can.

If you would like to come and see us, please call and book an appointment first, and also write down details of the incident, paying particular attention to dates. We'll listen to your case and make an assessment, helping you to identify your options and decide on the best course of action.

To report an incident or get more information contact us at: ELREC, 14 Forth Street, Edinburgh EH1 3LH. (T) 0131 556 0441 (F) 0131 556 8577(E) admin@elrec.org.uk (W) www.elrec.org.uk

Information on how to report online can be found here:

<https://www.scotland.police.uk/secureforms/hate-crime/>

From the Lead Project Manager/Fundraiser

Dear All,

The past few months have been characterized by lots of progress on many of our projects, especially our newest.

Open Arms, our collaborative project with Saheliya, Sikh Sanjog and LINKnet Monitoring is off to an excellent start and will begin to host exercise classes for ethnic minority women in June. The exercise classes are held in partnership with the organisation Projekt 42 and we will also be partnering with Harmony Together to offer counselling for ethnic minority women through this project.



Young People Against Hate kicked-off at the beginning of April and is going incredibly well. Our new Youth Development and Youth Engagement Officers are settling in excellently and have already started our peer educator training classes. We have seen a great deal of interest in these workshops from young people across Edinburgh and are very excited to continue expanding this project into new and diverse communities.

Routes to Roots, our project funded by the Heritage Lottery will be coming to an end at the close of June and we have just completed a book which compiles the stories of all those we interviewed throughout the project. The book contains photos and stories from our participants about their experiences in Scotland and is a fantastic testament to the tremendous effort put in by all involved throughout the lifetime of this project. We will celebrate the launch of this book with an event on the 30th of May from 6 – 7:30pm at the Central Library. You will have an opportunity to speak to those involved in the creation process, see pictures and obtain a copy of the book we have made. In addition, an exhibition will be running at the library throughout the month of June and we look forward to sharing the excellent work we have done through this project with the community!

Finally, our Communities for Conservation project has started a sewing service to tailor and repair clothes. This is being done by one of our extremely talented volunteers and is available to all at a nominal fee. We are extremely excited about this new opportunity to expand our environmental work and hope that everyone in the community will take advantage of this opportunity.

Our other projects: TRUE Colours, Equalities Engagement, and Bright Choices are continuing to deliver excellent work to our service users and communities and I look forward to sharing the successes of all our projects over the next months with you.

Best wishes,

Rachel Vette

rachel.vette@elrec.org.uk

Open Arms

The Open Arms Programme here at ELREC has been working hard these past few months to prepare for the start of our Open Arms Health offerings. Through a collaboration with the wonderful non-profit gym, Projekt 42, we will be able to start offering ethnic minority women in the Open Arms Health Programme a £5 gym membership which provides them with two weekly classes of womens-only Yoga and Pilates, as well as over 50 hours per week of Projekt 42 classes of all kinds!

In addition to that, we have a Clinical Psychology student placement joining the Programme in June in order to lead a 4-week Group Counselling Session called 'Harmony Together'. This will be offered FREE to ethnic minority women in the Open Arms Health Programme and will cover topics such as stress management, identifying and following goals and dreams, improving self-esteem, and more! This has been launched in an effort to make mental health services more accessible to ethnic minority women in Edinburgh.

In pursuit of that same goal, we currently have four women in the Open Arms Health Programme accessing free one on one Counselling sessions. This is in collaboration with ELREC Open Arms' Partner Organisation, Sikh Sanjog.

We are looking forward to an exciting summer with many more things in store! Including hosting a women-only film club! We will watch and discuss movies which centre around BME women experiences around the world. We also look forward to hosting more physical and mental health activities—perhaps including Zumba and Squash!

Please read the contribution below from our current student placement, Mylène, who has become an invaluable part of making the ELREC Open Arms Health Programme a success!

Hannah Lawrence hlawrence@elrec.org.uk



Hi. My name is Mylène and I am doing a student placement at ELREC. I am currently involved in the Open Arms programme whose aim is to empower and better integrate minority ethnic women in Edinburgh and Lothians. I work along Hannah Lawrence, the Project Coordinator for the programme, and assist her on various tasks. I handle social media management on a daily basis so as advertise the health and personal development activities of the programme. In parallel, I am working on the structuring of a film club that will be launched in early June. I enjoy going to ELREC and being part of an international and joyous team!



Young People Against Hate (YPAH)



Young People Against Hate is back up and running. We have started our new peer education program and we are pleased to say we have had a lot of interests from young people looking to make changes in their community. We currently have 9 young people (including 2 volunteers) on our peer education course and due to popular demand, we will be running another course starting the 25th of June 2018. Our course focuses on hate crime, how to prevent/ challenge it and how to report it. The main subjects we cover are, race, religion, culture, LGBTI+,

disability, islamophobia and the Equality Act 2010. Our next step is to go in to schools and community centres with the peer educators and deliver training to 14-24 year olds. We have had great support from the community and we look forward to continue the great and important work our young people are doing. To keep up to date with what we are doing please follow us on Twitter and Face book

www.facebook.com/ypah.elrec.9

twitter.com/ELREC_YPAH?lang=en

Jackie Massie

jackie.massie@elrec.org.uk



YOUNG PEOPLE AGAINST HATE

WORKING TOGETHER WITH YOUNG PEOPLE AND COMMUNITIES TO PREVENT HATE CRIME

<p>YPAH Peer Education Program Starting the 25th of June 5-7pm ELREC OFFICES 14 Forth Street Edinburgh EH1 3JH</p>	<p>Is inviting anyone aged 16-24 To take part in our 8 week training program It will start on the 25th of June and take place every Monday 5-7pm</p>	<p>We will then take Our new skills into schools and Communities working together to prevent Hate Crime</p>
---	---	---

For more information or to book please contact Jackie Massie - jackie.massie@elrec.org.uk



EUROPE & SCOTLAND
European Regional Development Fund
Investing in a Smart, Sustainable and Inclusive Future

True Colours



Hi from all the staff and volunteers involved in the TRUE Colours project. The last four months have been hugely success for the project, TRUE Colours has once again exceed its target for young people engaged and reached through workshops. This of course couldn't have been possible without those same volunteers and all the ELREC staffs support and dedication. In the last four months the project has specifically focused on volunteer development and addressing workshop feedback in order to improve our future project delivery.

We have also had the pleasure to be invited back to Liberton Primary school to repeat our four week Anti-Racism workshop set for primary 6 students. As always the students had a lot to say on the topic and contribute to the discussion and we have gotten some very positive feedback so far.

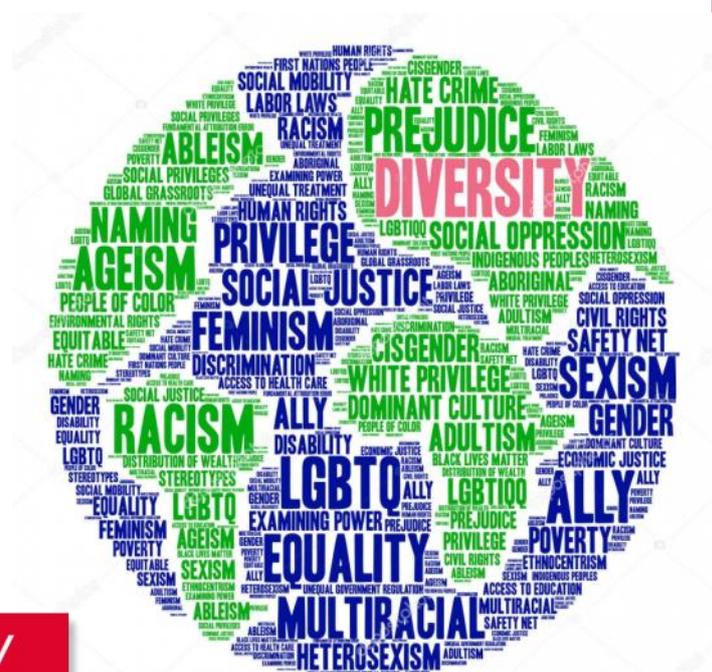
Overall the project delivered 21 workshops in the last 12 months, reaching just under 500 students, parents and teachers. During this time we have had the chance to hear first-hand the young peoples' experience with prejudice based bullying and different ways they have dealt with the challenging behaviours. We have already started taking bookings for next year and I would like to invite anyone who knows any youth group that may be interested in learning more about equality issues to get in touch.

Sadly, I would also like to take this opportunity to say good bye as I am leaving the TRUE Colours coordinator post after four years. I would like to express immense gratitude to ELREC staff and TRUE Colours, particularly all the volunteers who have helped support the project over the years and help shape it in what it is today. I have greatly enjoyed being a part of the ELREC team over the years.

Sincerely,

Una Dosen

TRUE Colours Project Coordinator



Routes to Roots—Adopting Scotland as a Homeland



The Routes to Roots project is now in its final months and we have been hard at work putting the final touches to our publications and videos.

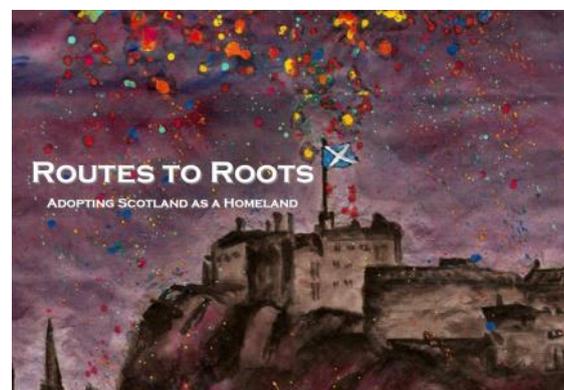
Heritage site visits:

On the 24th of March we organised a visit to the Dhammapadipa Thai Buddhist temple here in Edinburgh. We were given a tour and a chance to experience some guided meditation. In April we also went to the Portrait Gallery to see the 'When We Were Young' exhibition and discuss experience of childhood amongst different cultures.



Interviews:

We have now completed all of the interviews and have done a total of 30. We have published nine of them and will be releasing the rest in the coming weeks. Have a look at our social media pages below to find them.



Book publication:

The interviews that we have completed have been transcribed and extracts have been compiled into a book. The book will be launched in the last week of May and available for free. If you would like a copy please get in touch with the office.

Exhibition:

An exhibition of the project and its work will be on display from the 1-30 of June at Edinburgh Central Library, EH1 1EG. The exhibition will display photos



Neil Ogilvy; nogilvy@elrec.org.uk

ROUTES TO ROOTS
ADOPTING SCOTLAND AS A HOMELAND
Free Exhibition

1-30 June 2018
Edinburgh Central Library
7-9 George IV Bridge,
Edinburgh, EH1 1EG





ELREC Routes to Roots



@ELREC_Routes



Multicultural Heritage Meetup



ELRECUK

Communities for Conservation

Home Energy Advice:

Over the last quarter, the Community Link Officers have given energy advice to members of the Chinese, South Asian, Spanish, African and Polish communities in Edinburgh and Livingston. The team has helped many households to save energy at home, switch to cheaper / green energy suppliers, clear their debts, find a better way to insulate their homes, and be more energy efficient in general. We have continued to refer clients onto Home Energy Scotland and two clients were recently granted a brand new heating system. The team recently took part in Home Energy Scotland's Information and Networking event which was an invaluable training and networking opportunity.

Workshops and films:

We ran eco-workshops with a score of community groups. Amnia's Women group particularly enjoyed our workshop on upcycling old newspaper into decorative items. We organised two successful film screenings. We received 130 people to our screening of 'A Plastic Ocean'. The film took us on a journey to discover the world's oceans brimming with plastic waste and ways to reduce plastic pollution. The screening received excellent feedback and it was heart warming to see such an interest in tackling plastic pollution. *"It was a great movie.. a bit shocking but a lot to take and think about!" "It was a beautiful screening"*. We had another fantastic turn out to our screening of 'Living the Change'. The film explored solutions to the global crises we face today through inspiring stories from people. Our Edinburgh Sustainable Meet up recently reached 1,000 members! If you would like to attend our films screenings, workshops and discussion groups, feel free join us by clicking here: www.meetup.com/Edinburgh-Sustainable-Meetup

Over the past months, we took part in several community events to raise awareness about climate change and



enrol new people in our activities. The South Asian CLO and two volunteers ran a sewing, repair and upcycling workshop as part of Granton Hub's Swap event. At the Edinburgh Science Festival, we held a stall to raise awareness about energy efficiency and climate change. At Milan's Meena Bazaar, the Welcoming Association's end of the year event, and the Ramadan & Eid Bazaar, we engaged people with energy saving games, shared the best energy saving tips through our exciting energy games, and enticed people to join our sewing service, cycling classes, and home energy visits.

Sewing service:

Our new sewing service has been popular. Our skilled volunteers Dipa and Awara have repaired a number of items of clothing including bags, trousers, jackets, shirts that would have otherwise ended up in the landfill.



ELREC Cycling Club:

Our beginners and intermediate cycling classes are now in full swing. Participants are progressively learning basic and more advanced cycling skills in order to gain the necessary competence to be able to commute by bike instead of driving. Competence is the key to confidence. This is why we take a progressive and fun approach. Every week, we welcome new participants who have not cycled in years and develop their skills through a series of fun exercises. If you are interested in joining our next classes, please express your interest to cfc@elrec.org.uk

Testimonial: "I started attending cycling lessons with ELREC in October/November 2017. Prior to that I had never cycled. I had attempted to learn in the past but unfortunately, not successful. My first lesson with ELREC was devoted to helping me feel confident enough to balance on a bike. This paid off as very soon after that I was able to cycle a little distance. The more I learnt, the more confident I got and the more possible it seemed. I have now attended my first intermediate class. It seemed daunting but having come this far, I intend to keep at it. I use the cycle path for practice and I am gaining confidence. I know that it is only a matter of time before I can achieve my aim of doing most of my journeys by bike instead of car. I would recommend the 2 tutors at ELREC to anyone wishing to learn to ride a bike."



The Project Coordinator spoke at Pedal on Parliament after Mr Mark Beaumont about our Climate Challenge Fund project and shared the inspiring story of Chhaya who got back on her bike after 20 years thanks to our project.

In partnership with the SHRUB, we continued to give bikes away to those who need them. We have given over 10 children's bikes so far.

Volunteering:

The project now has over 25 regular volunteers working on different strands of the project. At the end of March, we organised a CCF volunteers' celebration to celebrate their achievements. The evening started with an environmental human bingo that was followed by a climate change quiz enjoyed by everyone. We would like to thank all of our volunteers for their invaluable contributions, hard work and initiative. To volunteer, get free energy advice, join our cycling classes, workshops, events or community gardens, please call 0131 556 0441 or email: cfc@elrec.org.uk



ELRECC4C



@ELREC_CFC



@elrecuk



Edinburgh-Sustainable-Meetup



ELREC Edinburgh & Lothians



The Edinburgh Climate Festival 2018

On Saturday 17th March 2018 - as part of the Pass It On Week, the Edinburgh Climate Festival 2018 gathered over 500 people from a variety of backgrounds and communities at Out of the Blue. We led the organising group for the event that was composed of the Welcoming, the SHRUB, Transition Heriot-Watt, Transition Edinburgh, MY Adventure and ourselves. The festival marked the celebration of Climate Challenge Funded projects and climate initiatives in Edinburgh. It was an enjoyable family day with activities for all themed on environmental action. Several people said that it was the best climate change event they had attended. There were a variety of activities and stalls relating to Waste, Food, Energy, Transport, and Carbon Literacy.



Keep Scotland Beautiful and The Carbon Literacy Project ran an excellent climate change balloon game and raised awareness of climate change and what one can do about it. Solar Ripe offered herbal teas and a workshop on 'Making your own Sleep Pillows' from upcycled material and local herbs. Transition Heriot-Watt ran a popular seed swap. Bridgend Growing Communities ran a seeds sowing workshop. RSPB Scotland had a beautiful stall with information on their sustainability campaign and family activities such as apple birdfeeders and seed bombs. Instinctively Wild offered kid's activities: 'making dream catchers' out of wool and willow. Transition Edinburgh had activities themed on Zero Waste. Food Sharing Edinburgh offered intercepted food and had a food waste quiz. They also ran a Good Food Nation Bill - Kitchen Table Talk. The Bike Station Edinburgh brought their Dr Bike enabling people to get their bikes serviced. Sustrans Scotland held a stall promoting cycling offering cycle maps of local routes. Kim from the Edinburgh Festival of Cycling displayed the Urban Arrow family cargo bike. The Enterprise Car Club promoted Edinburgh's car club. Electron Wheels brought their fleet of electric bikes and let people have a try. Changeworks, Love Food Hate Waste and Zero Waste Leith held a stall with a smoothie bike and many great activities related to reducing food waste. CEMVO Scotland ran a climate change quiz and other entertaining climate activities. The SHRUB Co-op organised a 'Big Swap' where people swapped clothes, books and household items and drop unwanted musical instruments. The Edinburgh Remakery held a Pyrography workshop. Cass offered a bookbinding upcycling workshop. Upcycled World offered an upcycling inner tube into jewellery workshop. Remode Collective offered a 'Pompom Key Ring' upcycling workshop. Home Energy Scotland South East had a stall promoting energy efficiency and energy saving and had excellent games such as the LED light bulbs game. Engineering For Change - University of Edinburgh showcased their DIY Solar Panels. The Edinburgh Scrap Store made upcycling activities, craft activities. We also had excellent interactive storytelling sessions from Douglas Mackay which were very much enjoyed. The bouncy castle was another popular attraction. Throughout the event, multicultural music as well as the Edinburgh Contemporary Choir entertained the public. The event culminated with a raffle with prizes donated from Edinburgh Food Sharers, Hendersons of Edinburgh, The Bike Station, Sustrans, The Filmhouse, The New Leaf Co-op, The Edinburgh Remakery, and ourselves. The Out of the Blue catering team provided excellent local and organic food. Thank you to the organisers, their staff and volunteers without whom this event wouldn't have been possible. Thank you to all the stall holders, activity providers and performers. Thank you to the Funders the Scottish Government Climate Challenge Fund for funding such wonderful climate change projects.



Have any clothes needing repaired?

We can fix it. Better than new!



Drop in Mon-Friday 9am to 5pm
at ELREC, 14 Forth St, EH1 3LH

 **Clothing repair & alterations**
Custom tailoring 

Personal remaking and tailoring clothes
to your individual requirements.

Special orders (dress making, pillows and cushions, chair cover).

Pay as you feel

Phone: 0131 556 0441

Email: cfc@elrec.org.uk



Quality service. Quality Finish.





Saturday Cycling classes

Beginners: 10 to 11am
Intermediate: 11:30 to 1pm

All welcome

Fun family time

Health and well being

Get new skills

Relaxed learning environment

Socialising

NKS, 7 Gillespie st, Edinburgh, EH3 9NH

Book your space now:

E-mail: cfc@elrec.org.uk

Phone: 0131 556 0441

Or register your interest with Al-Furqan

Bikes and helmet provided

Al-Furqan in partnership with ELREC



Greener
Scotland

From our volunteers



My name is Josefine Lynggaard. I joined the Communities for Conservation project at ELREC in May 2018. My work here focuses on streamlining and analysing the surveys ELREC collects from its different workshops and events. This will help ELREC's showcase its positive societal impact. In doing this, I hope to gain in knowledge about ELREC's activities to engage different communities across Scotland with energy conservation, transport habits and green ways of living.

Hello, my name is Shafi Ali. I'm nineteen year old. I'm volunteering at Edinburgh Lothians Regional Equality Council since March 2018. I came to ELREC to learn computer skills and try something new. I come every Wednesday from ten o'clock until four o'clock. The rest of the week I go to Edinburgh College Granton to study Sports and Fitness. I really enjoy the learning environment at ELREC. I want thank ELREC for helping me to learn new skills that will serve me in the future.



Bright Choices

Hello everyone!

The main up-date from Bright Choices for this newsletter is the FGM level 2 and HBV inter-agency trainings which are being provided to the professionals from the statutory and voluntary sector organisations. These trainings are developed and delivered by Bright Choices, while being endorsed and advertised by the Edinburgh Council Child Protection Committee as CPD courses. They will be run nearly once in a month until next year. The venue is the Spartan's Football Club which is in a very convenient location with free car park available and probably with the nicest outlook which hopefully takes the exhaustion of a full-day training away :)

Mitra Rostami
mrostami@elrec.org.uk

Honour Based Violence Awareness and Response: Inter-agency training

When: Tuesday, 19 June, 2018, 9:00 to 13:00

Where: Spartans Community Football Academy, Ainslie Park, 94 Pilton Drive, EH5 2HF

Spartans is located close to Ferry Road in North Edinburgh, in the same grounds as Ainslie Park Leisure Centre (just behind Morrison's supermarket). Lothian Buses 21 and 27 stop on Ferry Road, within a short walk away.

- Refreshments are provided
- Free parking available on-site

This training has been designed to provide an insight into the causes, types and signs of Honour Based Violence (HBV). It explores coercive control, forced marriage and Female Genital Mutilation (FGM) and includes guidance and protocols for responding to the risk or signs of these practices taking place.

This course is aimed at staff within Police Scotland, Health, Social Services, Education and the Third Sector, as well as anyone interested in developing their cultural understanding of these cultural practices and improving their knowledge of safeguarding and legal duties in their specific area of work.

Course Highlights:

What is Honour and Honour-Based Violence?

Different forms of Honour Based Violence

Recognising and Responding to Honour Based Violence

Forced Marriage

Definitions and Statistics

Underlying motivations for forced marriage

Arranged vs. Forced Marriage

Indicators

Responses

Case Studies

Female Genital Mutilation (FGM)

Definitions and types of FGM

Global and local prevalence

Health Implications and indicators

Inter-agency response

Please book by completing the Booking Form and emailing: training.childprotection@nhslothian.scot.nhs.uk



Female Genital Mutilation



Inter-Agency Level 2 (Specific Contact Workforce) Training

When: Tuesday, 3rd of July, 2018, 9:15 Am to 16:00 PM

Where: Training suite, Spartans Community Football Academy, 94 Pilton Drive, EH5 2HF

- ✓ Refreshments and lunch are provided.

The training, provided by Bright Choices, is developed based on the Edinburgh and the Lothians Inter-Agency Procedures for the Protection of Girls and Women at Risk of FGM. It will cover addressing concerns for children, adults, parents and carers, and it applies to professionals working at all levels within Police Scotland, Social Work, the NHS, Education and the Voluntary sector.

Outcome of the training:

- 1) Attendees will gain more insight into FGM and the procedures to be followed by all professionals in dealing with concerns about this traditional practice.
- 2) Attendees will become familiar with Edinburgh and the Lothians Inter-Agency Procedures for the Protection of Girls and Women at Risk of Female Genital Mutilation (FGM)

*Prior to attending, please either:

- Attend the Honour Based Violence Awareness and Response Training;
- or
- Study the attached pre-course reading material

The course will cover:

- Overview and history of FGM and some of the myths that continue to perpetuate it
- Physical and Mental Health implications
- Statistics and Prevalence
- FGM and Child Protection
- Protective and Non-protective views
- Guiding Principles and Practical Steps for professional response by professionals in different agencies
- Practical exercises

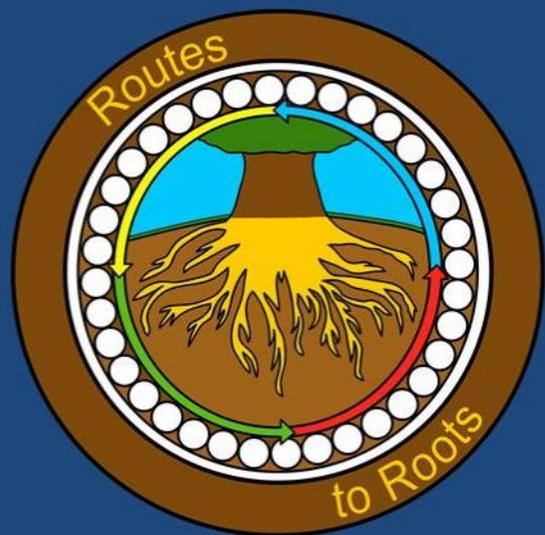
To book onto this course please email:
Training.childprotection@nhslothian.scot.nhs.uk



ROUTES TO ROOTS

ADOPTING SCOTLAND AS A HOMELAND

An **exhibition** exploring the shared heritage of diverse communities in Edinburgh and the Lothians and their experience of making Scotland home.



Free Exhibition

1-30 June 2018

Edinburgh Central Library

7-9 George IV Bridge,

Edinburgh, EH1 1EG



LOTTERY FUNDED

Equality Engagement - Diversity in Public Life

ELREC Co-hosted 'Your rights up to and after Brexit' event



The event 'Your rights up to and after Brexit'- took place on 28 April 2018, at 1pm in Grassmarket Community Project, 86 Candlemaker Row, Edinburgh EH1 2QA. It was co-hosted by Public Policy Events, ELREC, Polish Cultural Festival Association Edinburgh, Scotland, Drummond Miller Solicitors, Migrants.Scot Community, New Europeans, Centre For Scottish Public Policy. Media partner for the event were Emito.net and Cosmopolita Scotland . Funding came from the European Commission in Scotland. ELREC stall visited by many audience who signed up to get more projects' information. Thanks to our EE volunteer Alejandro Delgado Craviotto for help in the ELREC info stall.

'Becoming a Councillor: Women in politics'

Date: **Thu 14 June 2018**, Time: 18:30 – 20:30

Venue: City Chambers, High Street, Edinburgh EH1 1TG . Organised by: The Parliament project and hosted by Cllr Claire Miller (pictured)



Free Training Courses at Diversity in Public Life

<p>Training Course on Confidence Building in Public Life</p> <p><u>Course content</u></p> <ul style="list-style-type: none"> ◆ Learn why 'confidence' is essential in all areas of life, especially in public life ◆ Discover who you are and shape who you want to be ◆ Learn to be confident about what you bring to public life ◆ Receive tools to develop the skills to become a more confident individual ◆ Learn how to successfully manage challenging situations in public life 	<p>Tuesday 05 June 2018</p> <p>10.30 – 3.00 pm</p> <p>Where:</p> <p>Leith Community Education Centre, 12A Newkirkgate, Edinburgh EH6 6AD</p>
<p>Training Course on Communication Skills in Public Life</p> <p><u>Course content</u></p> <ul style="list-style-type: none"> ◆ Find out what effective communication is and why it is important in public life ◆ Discover how to communicate more effectively in public life – and in your everyday personal life ◆ Top tips for public speaking ◆ Learn how to make an impact at a meeting ◆ Discover more about body language 	<p>Tuesday, 26 June 2018</p> <p>5.30pm – 8.30pm</p> <p>Where:</p> <p>West Lothian Civic centre, Howden South Road, Livingston EH54 6FF</p>

These courses will be delivered by an experienced, professional trainer. Courses are tailored for BME individuals interested to getting involved with various public life positions. Maximum spaces are reserved for participants of the PLC (public life champions) scheme. Open to anyone from a BME background who lives in Edinburgh and the Lothians. To find more info about the trainer: www.moiali.com Lunch/refreshments will be provided. Free crèche /childcare may be available (subject to prior arrangement). To book a place or for more information, contact us via E-mail: mrahman@elrec.org.uk, or telephone at 0131 556 0441.

Are you interested to join in our MSP Shadowing Program ?

ELREC—Diversity in public life project are offering this opportunity for individuals from Black and & Minority Ethnic community lived in Edinburgh & Lothians, who are interested in public life. Please contact us for more info: publiclife@elrec.org.uk .

Public Sector Vacancies

<p>Scottish Parliament</p> <p>Post: Legal Research Assistant</p>	<ul style="list-style-type: none"> Hours: Fulltime Salary: £25K Location: Holyrood, Edinburgh More info & how to apply: http://bit.ly/2IHHPuf Deadline: 04 June 2018
<p>Scottish Government</p> <p>Post: Lead Database Administrator</p>	<ul style="list-style-type: none"> Hours: Fulltime/ permanent Salary: £35K - £42K Location: Edinburgh How to apply & info: http://bit.ly/2s226Em Deadline: 05 June 2018 at Midnight
<p>Scottish Government</p> <p>Post: Project Co Ordinator</p>	<ul style="list-style-type: none"> Hours: Fulltime / fixed Term Salary: £28K — £32K Location: Edinburgh & Glasgow How to apply and more info: http://bit.ly/2LqAEIv Deadline: 05 June 2018 at Midnight
<p>Scottish Government</p> <p>Post: IT Support Analyst (2nd Line)</p>	<ul style="list-style-type: none"> Working hours: Full time, Fixed Term Salary: Dependent £23K-£26K Location: Glasgow & Edinburgh How to apply & more info: http://bit.ly/2IJ6r5U Deadline: 12 June 2018 at Midnight

For more vacancies: <https://applications.work-for-scotland.org>

Public Appointments vacancies

<p>Napier University, Edinburgh</p> <p>Post: External Governors</p>	<ul style="list-style-type: none"> Remuneration: None Location: City of Edinburgh Council How to apply & more info: http://bit.ly/2kihicc Closing date: 21 June 2018 at midnight
<p>Skills Development Scotland</p> <p>Post: Chair</p>	<ul style="list-style-type: none"> Remuneration: £460 per day Location: Various locations throughout Scotland How to apply and more: Closing date: 08 June 2018 at midday

See more vacancies: <https://applications.appointed-for-scotland.org>

We may provide any help & support with public appointments application to anyone from BME communities lives around Edinburgh & Lothians who wish to apply . To book an appointment, please contact us via email: mrahman@elrec.org.uk

OUR FUNDERS



The Scottish
Government



LOTTERY FUNDED



LOTTERY FUNDED



LEITH
NEIGHBOURHOOD
PARTNERSHIP



PART OF THE
Keep Scotland Beautiful



Midlothian



Calling for new members at ELREC!!

ELREC strives to embody the principles of transparency; integrity; equity; mutual co-operation; and participatory democracy.

ELREC welcomes all individuals and organisations who share our aims, visions, and values to join us as members. As a member you will have the opportunity to shape ELREC policy direction; participate in ELREC's annual Management Board election; and attend ELREC events and lectures. Our members also act as links to various communities. You will receive a copy of the ELREC Quarterly Community Newsletter and receive information on equality related events.

We welcome membership from individuals from diverse groups as this results in the better representation of all protected characteristics. We would be much obliged if you would consider joining us, as well as helping us by encouraging individuals and organisations known to you to join ELREC.

More information regarding membership, application forms as well as full copies of ELREC's Memorandum and Articles of Association, can be viewed by visiting our membership webpage or contacting our office:

<http://www.elrec.org.uk/join-elrec-member/>



ADVERTISING

We welcome organisations to advertise in the ELREC Community Newsletter for:

- Promoting services
- Disseminating flyers
- Campaigns
- Vacancies
- Consultations
- General marketing

This service is available for a contribution of £100 to £250 depending on the size and placement of the advertisement. To find out more, please contact Didem Kaner Ural on 0131 556 0441 or email: admin@elrec.org.uk

Our newsletter is published every quarter in March, June, September and December of each year.

CONFERENCE ROOM BOOKINGS

You can book our 20-seat meeting room on an hourly basis for £20 per hour (reduced rate for small charities and community groups)

Tea & Coffee £1 per head
Please contact the ELREC office for additional information or to make a booking.



FUNDERS

ELREC is funded by:

- Scottish Government
- Keep Scotland Beautiful
- Voluntary Action Fund
- Big Lottery Fund

VOLUNTEERS

Abel Okom, Abood Anderson, Adithya Suriyapperuma, Agnieszka Wojtkowiak, Aileas Pringle, Alberto Alvarez, Alex Rainbow, Alexander Slowman, Alexandra Szczygielska, Alice Barker, Andrew Murray, Barbara Ena Ostrowska, Cameron Burgess Smith, Choi Ling Lzung, Chris Morris, Christopher Brogliolo, Clara Boeker, Connie Yeung, David Weir, Deborah Nombebe, Deepa Munira, Diline Abushaban, Duncan Howard, Elle Bain, Emma Buchan, Estelle, Gabrielle Cathala, Gray Davis, Gregor Hardie, Hakima D'souli, Hazel Kapepala Makunku, Henry Omorere, Holli Kerr, Inma De Reyes, Jana Malecka, Jenny Scholtysik, Joanna Ulatowska, Johnson, Katerina Taliatzi, Kirsty Landale, Latifa, Lauren Bradley, Leda Mappouridou, Madhavi Lathha, Marianne Mwiki, Marilyn de Santos, Marta Gordon, Martina Massoli, Matilda Marshall, Michael Pearce, Mina Omarchevska, Mohammed Shafi Ali, Nadine Luchsinger, Nagat Hamed, Neena Agarwal, Paolo Cavaliere, Pawel Bladocha, Pawel Kopec, Ratiba Kabli, , Roisin Bathe, Romina Mazzotta, Ron Evans, Rong Fu, Rose Xu, Russel Marlborough, Ryan Whyte, Sara Fitzimons, Sara Ridolfi, Silvia Porcel, Stuart Black, Svetlana Gruni, Tamsyn Londale-Smith, Thomas Sutcliffe, Tímea Havrán, Wendy Tsang, Yordan Popov, Yueyue Fitzgerald. (Linda) Yuklan Wong, Zach Allan

SERVICES

Edinburgh & Lothians Regional Equality Council (ELREC), founded in 1971, is a voluntary body and charitable company made up of individual members and representatives from a wide range of organisations. ELREC has a remit to work across the areas of City of Edinburgh, East Lothian, Midlothian and West Lothian Councils.

Our Objectives

- to work towards the elimination of unlawful discrimination
- to reduce inequality and promote a culture of human rights
- to promote good relations between persons of different groups without distinction

We pursue our aims through:

- Engagement with communities of protected characteristics
- Complainant aid for victims of discrimination and harassment.
- Support for communities in influencing change by facilitating interaction between communities and authorities
- Consultancy on equality policies, procedures and delivery of customised training on equality matters

Edinburgh & Lothians Regional Equality Council (ELREC)

14 Forth Street

Edinburgh

EH1 3LH

(T) 0131 556 0441

(F) 0131 556 8577

(E) admin@elrec.org.uk

(W) www.elrec.org.uk

Charity Number: SC007896

Company Number: SC183419



Larger print newsletter available on request